



CHOLESTEROL SUPPORT

Supplement	Quantity	Time
B-Complete	1	Morning
Omega-3 Complex	1	Evening
Heart Health+	1	Evening
CoQ10 + GG	1	Evening

WHAT DOES THE CHOLESTEROL SUPPORT PACK DO?

Trying to lower your triglyceride levels can be challenging. The Cholesterol Support pack is designed to provide your body the nutrients it needs to help support a natural approach to having the body regulate this ever-increasing issue.*

WHAT IS OFFERED IN THE CHOLESTEROL SUPPORT PACK?

Each box provides a 30-day supply of convenient daily packs divided into morning and evening portions. The box comprises 30 separate AM packs each containing 1 B-Complete and 30 separate PM packs each containing, 1 Omega-3 Complex, 1 Heart Health+, and 1 CoQ10 + GG.

*Consult your physician and follow all safety instructions before using any supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 1 Packet
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin E (as d-alpha tocopherol)	0 mg	0%	6.70 mg	44%
Vitamin K2 MK-7	0 mcg	0%	103 mcg	114%
Vitamin B1 (from Thiamine HCl)	42 mg	2800%	0 mg	0%
Vitamin B2 (Riboflavin)	14 mg	1076%	0 mg	0%
Vitamin B3 (as Niacinamide and Inositol Hexanicotinate)	122 mg NE	762%	0 mg	0%
Vitamin B6 (from Pyridoxine hydrochloride)	15 mg	1153%	0 mg	0%
Folate (from Calcium L-5 Methyltetrahydrofolate)	100 mcg DFE	25%	0 mcg DFE	0%
Vitamin B12 (as Methylcobalamin)	100 mcg	4166%	0 mcg	0%
Biotin (as D-Biotin)	30 mcg	100%	0 mcg	0%
Vitamin B5 (Pantothenic Acid from d-Calcium Pantothenate)	45 mg	450%	0 mg	0%
Choline (from Choline Dihydrogen Citrate)	100 mg	18%	0 mg	0%
CoQ10 (Ubidecarenone)	0 mg	*	50 mg	*
Docosahexaenoic Acid (DHA-from Alaska Pollock)	0 mg	*	240 mg	*
Eicosapentaenoic Acid (EPA-from Alaska Pollock)	0 mg	*	320 mg	*
GG-Gold® [From Annatto (Bixa orellana) (Seed) (Std. to 30% Total Geranylgeraniol)]	0 mg	*	160 mg	*
Grape Seed Extract (Vitis vinifera) (95% polyphenols)	0 mg	*	80 mg	*
Inositol (from Inositol HexaNicotinate)	25 mg	*	0 mg	*
Olive Leaf Extract (Standardized to 20% Oleuropein) (Olea europaea)	0 mg	*	100 mg	*
PABA (para-Aminobenzoic Acid)	30 mg	*	0 mg	*

*Daily Value (DV) not established.

Other Ingredients: Gelatin (Bovine), Microcrystalline Cellulose, Glycerin, Rice Concentrate (Nu-Flow®), Stearic Acid, DI Water, Hydroxypropyl Methylcellulose, Silicon Dioxide Micronized, Magnesium Stearate, Silica