



# GUT SUPPORT

Supplement	Quantity	Time
Probiotic+	1	Evening
Spirulina/Chlorella Blend	1	Morning
Digestive Support	1	Morning

## WHAT DOES THE GUT SUPPORT PACK DO?

The efficient digestion and assimilation of nutrients controls a stable microbiota and perfects your state of well-being. The Gut Support pack targets three components of proper digestion: the breakdown of food into assimilated nutrients, the support of beneficial microflora that controls what is and what is not absorbed into our bodies, and a powerhouse superfood combination packed with nutrients.\*x

## WHAT IS OFFERED IN THE GUT SUPPORT PACK?

Each box comes with a 30-day supply of convenient daily strip packs divided into morning & evening portions. The box comprises 30 separate AM packs, each containing 1 Digestive Support and 1 Spirulina/Chlorella Blend Inside. The box also comprises 30 separate PM packs, each containing 1 Probiotic+.

**\*Consult your physician and follow all safety instructions before using any supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.**

# Supplement Facts

Serving Size: 1 Packet  
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Chlorella (Chlorella vulgaris) (whole)	200 mg	*	0 mg	*
IDLife Proprietary Digestive Support Blend [Glutalytic®(Bacillus subtilis sp., Aspergillus niger and Aspergillus oryzae), IDLife Amylase Complex [Fungal Amylase (Aspergillus oryzae), Bacterial Amylase (Bacillus amyloliquefaciens)], ProHydrolase®, Peppermint Powder, Lactase (Aspergillus oryzae), Lipase (Candida rugosa), Papain (Carica papaya), Xylanase(Trichoderma longibrachiatum), Alpha Galactosidase (Aspergillus niger), DE111® Bacillus subtilis]	318 mg	*	0 mg	*
Proprietary Probiotic Blend (Lactobacillus plantarum 299V, Bifidobacterium longum, Lactobacillus casei subsp casei, Lactobacillus acidophilus, Bifidobacterium lactis, Bifidobacterium bifidum, Streptococcus thermopiles, Lactobacillus reuteri, Lactobacillus paracasei, Bifidobacterium infantis, Lactobacillus rhamnosus, Lactobacillus fermentum, Lactobacillus salivarius)	0 mg	*	100 mg	*
Spirulina (Anthrospira platensis) (whole plant)	300 mg	*	0 mg	*

\*Daily Value (DV) not established.

**Other Ingredients:** Low Moisture Rice Dextrin, Gelatin Capsule, Vegetable Capsule, Microcrystalline Cellulose, Capsule Shell (Hydroxypropyl Methylcellulose), Stearic Acid, Magnesium Stearate, Silicon Dioxide Micronized, Medium-Chain Triglycerides Oil, Silica