



# HEART HEALTH SUPPORT

Supplement	Quantity	Time
Advanced Antioxidant	1	Morning
CoQ10 + GG	1	Morning
Omega-3 Complex	1	Evening
Heart Health+	1	Evening

## WHAT DOES THE HEART HEALTH SUPPORT PACK DO?

IDLife believes that heart health includes blood flow, blood pressure and the health of your arteries and blood vessels. The IDLife Heart Health Support Pack includes nutrients like CoQ10 and Vitamin K2 to help support improved blood flow and arterial wall health and function.\*

## WHAT IS OFFERED IN THE HEART HEALTH SUPPORT PACK?

Each box provides a 30-day supply of convenient daily packs, divided into morning and evening portions. The box comprises 30 separate AM packs, each containing 1 Advanced Antioxidant. Additionally, the box includes 30 individual PM strip packs, each containing 1 Omega-3 Complex, 1 CoQ10 + GG, and 1 Heart Health+.

\*Consult your physician and follow all safety instructions before using any supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.

## Supplement Facts

Serving Size: 1 Packet  
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	600 mcg RAE	66%	0 mcg RAE	0%
Vitamin C (from Calcium Ascorbate)	32.50 mg	36%	0 mg	0%
Vitamin E (as d-alpha tocopherol)	8 mg	53%	6.70 mg	44%
Vitamin K2 MK-7	0 mcg	0%	103 mcg	114%
Alpha Lipoic Acid	50 mg	*	0 mg	*
CoQ10 (Ubidecarenone)	0 mg	*	50 mg	*
CoQ10 (Ubiquinol)	50 mg	*	0 mg	*
Docosahexaenoic Acid (DHA-from Alaska Pollock)	0 mg	*	240 mg	*
Eicosapentaenoic Acid (EPA-from Alaska Pollock)	0 mg	*	320 mg	*
GG-Gold® [From Annatto (Bixa orellana) (Seed) (Std. to 30% Total Geranylgeraniol)]	0 mg	*	160 mg	*
Grape Seed Extract (Vitis vinifera) (95% polyphenols)	0 mg	*	80 mg	*
L-Carnitine L-Tartrate	29 mg	*	0 mg	*
N-Acetyl-L-Cysteine	120 mg	*	0 mg	*
Olive Leaf Extract (Standardized to 20% Oleuropein) (Olea europaea)	0 mg	*	100 mg	*
Quercetin (Dimorphandra mollis) (Flower)	1 mg	*	0 mg	*

\*Daily Value (DV) not established.

**Other Ingredients:** Microcrystalline Cellulose, Gelatin (Bovine), RiBran 300, Glycerin, Rice Concentrate (Nu-Flow®), Stearic Acid, DI Water, Hydroxypropyl Methylcellulose, Magnesium Stearate, Silicon Dioxide Micronized, Silica