## **DIGESTIVE ENZYMES**

Transform your digestive health with IDLife Digestive Enzymes. Whether you're an athlete, a busy professional, or simply someone who loves good food, our formula is your secret weapon for optimal well-being. Ready to embark on a journey toward better digestion? Order your personalized IDNutrition today and discover how IDLife Digestive Enzymes can transform your life!





## Why Choose IDLife Digestive Enzymes?

Optimized Nutrient Absorption: Our advanced formula features a powerful blend of enzymes that break down proteins, carbohydrates, and fats, ensuring you get the most nutritional benefit from every bite. No more wasted nutrients! Relief from Digestive Discomfort: Say goodbye to post-meal bloating and gas. Our enzymes work harmoniously throughout your gastrointestinal tract, promoting smoother digestion and a happier tummy.

## The Science Behind

**Stomach:** In the stomach, the process of digestion begins. As you eat, your teeth and saliva break down the food into a small, liquid-like mass called a bolus. The bolus then enters the stomach, where muscular contractions, stomach acids, and enzymes come into play. IDLife's Digestive Enzymes contain essential enzymes like amylase, which breaks down carbohydrates (starches) into sugar molecules. This step is crucial for efficient nutrient absorption. Additionally, protease enzymes in the formula break down proteins into amino acids. Protease also helps maintain gut health by keeping harmful bacteria, yeast, and protozoa in check.

**Small Intestine:** The partially digested food (now called chyme) moves from the stomach to the small intestine. Here, about 90% of nutrient absorption occurs. IDLife's Digestive Enzymes continue their work:

 Lipase collaborates with liver bile to break down fats. Adequate lipase ensures proper absorption of fat-soluble vitamins (A, D, E, and K).

## **Supplement Facts**

Serving Size: 1 Capsule Servings per container: 30

Digestive Enzyme Blend Acid Stable Protease Peptidase	00 mg *
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Pentidase	
· optioacc	*
Fungal Amylase	*
Bacterial Amylase	*
Lactase	*
Lipase	*
Papain	*
Xylanase	*
Alpha-Galactosidase	*
Bromelain	*

- Amylase remains active, further breaking down any remaining carbohydrates into simpler sugars like glucose, which serves as the brain's preferred fuel source.
- Protease continues its role, ensuring complete protein breakdown into amino acids. A deficiency in protease can lead to allergies or intestinal toxicity.

**Colon:** As chyme progresses through the small intestine, it reaches the colon. IDLife's Digestive Enzymes include alpha-galactosidase, which breaks down complex carbohydrates found in foods like beans, lentils, and whole grains. This enzyme reduces symptoms like bloating and gas. The colon also benefits from the overall improved digestion, leading to a more comfortable digestive experience.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

