## STRESS DEFENSE

Stress Defense features a proprietary formula to help regulate cortisol. High cortisol ("Stress Hormone") levels have been associated with increased abdominal fat storage, difficulty losing weight, low energy, weakened immune system, insomnia, anxiety, depression, high blood pressure, heart disease, obesity, leaky gut, diabetes and cancer. By working in perfect synergy, the carefully selected patented ingredients help reduce stress, elevate mood, and enhance mental clarity.\*





- **Relora®:** helps to alleviate stress and anxiety by helping to reduce the harmful effects of high cortisol levels. Say goodbye to the overwhelming burden of daily stress and embrace a more serene state of mind overall wellness.
- **L-Theanine:** Renowned for its ability to promote relaxation and stimulate the production of alpha brainwaves, which are associated with a tranquil and focused mental state. Experience a calm alertness that helps you navigate through life's challenges with grace.
- **DL-Phenylalanine:** Helps support the optimal balance of the brain chemicals dopamine, norepinephrine, and epinephrine, helping enhance mood, motivation, and mental clarity. Unleash your full potential and tackle life's demands head-on.
- Sensoril® Ashwagandha Extract: Known as the "king of Ayurvedic herbs," Sensoril® is a potent adaptogen that helps promote a healthy stress response and restore equilibrium to your body and mind. Embrace a newfound sense of calm, strength, and vitality.

## **Supplement Facts**

Serving Size: 1 Capsule Servings per container: TBD

Amount Per Serving	% Daily Value	
Relora® [Proprietary Blend of Magnolia officinalis Extract (Bark) and Phellodendron amurense Extract (Bark)]	150 mg	*
L-Theanine	100 mg	*
DL-Phenylalanine	75 mg	*
Sensoril® Ashwagandha Extract [Withania somnifera (Root & Leaf) [Standardized to 10% Withanolide Glycosides and 32% Oligosaccharides]	50 mg	*
* Daily Value not Established		

Other Ingredients (in descending order of predominance by weight): Microcrystalline Cellulose, Starch, Hydroxypropyl Methylcellulose, Magnesium Stearate, Silica, Maltodextrin.

**Stress Defense** combines the synergistic power of Relora®, L-Theanine, DL-Phenylalanine, and Sensoril® Ashwagandha Extract to offer comprehensive stress support. Our carefully selected ingredients work together harmoniously to help you achieve a state of tranquility, balance and calm.

<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

