ALPHA LIPOIC ACID

Alpha Lipoic Acid (ALA) is a multifunctional antioxidant found in every cell in the body and helps the body metabolise Vitamin C & E.





- Helps Neutralize free radicals in the body
- Helps prevent Memory Loss & Cognitive Decline
- Helps Preserve Eye Health

Alpha Lipoic Acid (ALA) is a multifunctional antioxidant found in every cell in the body that neutralizes free radicals and helps to maintain healthy, well-functioning cells.

Alpha Lipoic Acid helps the conversion of glucose into energy and helps the body maintain its glucose metabolism function. It is sometimes referred to as the "universal antioxidant" because it is soluble in both fat and water and "recharges" Vitamins C and E allowing them to maintain their potency longer as well as help the body maintain its glutathione levels.*



