COQ10

CoQ10 is a fat-soluble, vitamin like substance found in every cell in the body and is essential to the mitochondria in cells.





- Lowers bad LDL cholesterol's ability to stick to the blood vessels
- Fuels highly energy-dependent cells
- Improves mitochondrial functions
- Protects brain cells from oxidative damage

CoQ10 is a fat-soluble, vitamin like substance found in every cell in the body. It is essential to the mitochondria, the energy producing center of the cell, and is involved in the production of ATP, the major energy source for the cell. CoQ10 levels are reported to decrease as we age and certain prescriptions (i.e., Statin Drugs) may also deplete cellular levels of CoQ10.*

Supplemen Serving Size: 1 Capsule	it Fa	cts
Amount Per Serving		% Daily Value
Co-Enzyme Q10 (Ubidecarenone)	50 mg	•
* Daily Value not established		

