## **COQ10**

CoQ10 is a fat-soluble, vitamin like substance found in every cell in the body and is essential to the mitochondria in cells.





- Lowers bad LDL cholesterol's ability to stick to the blood vessels
- Fuels highly energy-dependent cells
- Improves mitochondrial functions
- · Protects brain cells from oxidative damage

CoQ10 is a vital nutrient that plays a central role in the body's cellular energy production and is essential for supporting heart, brain, and muscle health. This innovative formulation combines 50 mg of Coenzyme Q10 (ubiquinone) with 160 mg of GG-Gold®—a naturally sourced, clinically studied form of geranylgeraniol—to help restore the body's natural ability to produce CoQ10 and other agedependent nutrients. Designed to optimize energy at the cellular level, this powerful combination supports cardiovascular function, protects against oxidative stress, and promotes healthy aging by enhancing mitochondrial performance and maintaining muscle and nerve health.

Heart — Your heart is one of the hardest-working muscles in your body, and it needs constant energy to function at its best. CoQ10+ delivers targeted cardiovascular support by combining Coenzyme Q10, essential for cellular energy production, with GG-Gold®, which helps your body naturally produce and sustain CoQ10 levels. This powerful duo helps maintain healthy blood pressure, supports optimal heart muscle function, and protects against oxidative stress—key factors in long-term heart health. Whether you're staying active or simply supporting your body as it ages, CoQ10+ helps keep your heart strong and resilient, right where it matters most.

**Immune System** — Your immune system is your first line of defense, but as you age, the nutrients

## **Supplement Facts**

Serving Size: 1 Capsule

| Amount Per Serving   | % Da   | aily Value |
|--|--------|------------|
| GG-Gold®<br>[From Annatto (Bixa orellana) (Seed)<br>(Std. to 30% Total Geranylgeraniol)] | 160 mg | *          |
| Coenzyme Q-10 (Ubiquinone)   | 50 mg  | ,          |
| *Daily Value not Established   |        |            |
| Other Ingredients: Rice Concentrate, Hy<br>Methylcellulose, Food Starch - Modified       |        |            |

your body needs to keep it strong—like CoQ10 and geranylgeraniol (GG)—naturally decline. CoQ10+ helps replenish these essential compounds to support immune cell energy, function, and resilience. By combining Coenzyme Q10 with GG-Gold®, this powerful formula fuels your cells, reduces oxidative stress, and promotes a balanced inflammatory response. The result? A stronger, more responsive immune system that helps you stay healthy, active, and ready to take on whatever life throws your way.

**Mood** — Your mood is closely tied to your body's energy and neurological health—and when levels of CoQ10 and GG decline with age, it can leave you feeling mentally sluggish or emotionally off-balance. CoQ10+ helps restore those critical nutrients to support healthy brain function, neurotransmitter activity, and mitochondrial energy production. By combining CoQ10 with GG-Gold®, this formula promotes mental clarity, emotional resilience, and a balanced mood, so you can feel more like yourself again—focused, uplifted, and in control of your day.

**Brain** — Your brain requires massive amounts of energy to stay sharp, focused, and functioning at its best—but as you age, declining levels of CoQ10 and GG can impact cognitive performance. CoQ10+ delivers targeted brain support by replenishing these essential nutrients, fueling mitochondrial energy in brain cells, and protecting against oxidative stress. With the powerful combination of Coenzyme Q10 and GG-Gold®, CoQ10+ helps promote mental clarity, support memory, and maintain overall cognitive health, so you can stay mentally agile and confidently take on whatever challenges the day brings.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.