



DENTAL SUPPORT

Supplement	Quantity	Time
Advanced Daily	1	Morning
Vitamin C	1	Morning
Calcium+	1	Evening
Heart Health	1	Evening
Omega-3 Complex	1	Evening
Vitamin D3+	1	Evening

WHAT DOES THE DENTAL SUPPORT PACK DO?

Healthy teeth are essential for more than just a beautiful smile. The Dental Support pack provides the building blocks to support stronger teeth and gum health, with calcium from multiple sources, Vitamin C and D3, as well as Magnesium to help the body absorb calcium and build strong teeth and tooth enamel.

WHAT IS OFFERED IN THE DENTAL SUPPORT PACK?

Each box comes with a 30-day supply of convenient daily strip packs divided into morning and evening. The box includes 30 single-strip AM packs with 1 Advanced Daily and 1 Vitamin C. The box also includes 30 single-strip PM packs with 1 Calcium+, 1 Heart Health, 1 Omega-3 Complex and 1 Vitamin D3+.

***Consult your physician and follow all safety instructions before using any prenatal supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.**

Supplement Facts

Serving Size: 1 pack
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin C (from Ascorbic Acid and Acerola Extract)	500 mg	555%	0 mg	0%
Vitamin C (from Calcium Ascorbate)	50 mg	55%	0 mg	0%
Vitamin D3 (from Cholecalciferol)	5 mcg	33%	35 mcg	233%
Vitamin E (as d-alpha tocopherol)	0 mg	0%	6.7 mg	44%
Vitamin K2 MK-7	0 mcg	0%	125 mcg	138%
Thiamin (Vitamin B1) (as Thiamine Mononitrate)	0.65 mg	43%	0 mg	0%
Riboflavin (Vitamin B2)	0.60 mg	46%	0 mg	0%
Vitamin B6 (from Pyridoxine hydrochloride)	0.75 mg	57%	0 mg	0%
Folate [from (6S)-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®)]	50 mcg DFE	12%	0 mcg DFE	0%
Vitamin B12 (as Methylcobalamin)	25 mcg	1041%	0 mcg	0%
Biotin (as D-Biotin)	15 mcg	50%	0 mcg	0%
Vitamin B5 (Pantothenic Acid from d-Calcium Pantothenate)	3 mg	30%	0 mg	0%
Calcium (from Calcium Carbonate)	18.5 mg	1%	0 mg	0%
Calcium (from Calcium Carbonate, Calcium Citrate Malate, and Calcium Citrate)	56.25 mg	5%	0 mg	0%
Choline (as Choline Bitartrate)	25 mg	4%	0 mg	0%
Calcium (from Calcium Carbonate, Calcium Citrate Malate, and Calcium Citrate)	56.25 mg	5%	0 mg	0%
Choline (as Choline Bitartrate)	25 mg	4%	0 mg	0%
Iodine (from kelp)(stem and leaf)	50 mcg	33%	0 mcg	0%
Magnesium (from Magnesium Carbonate)	10 mg	2%	0 mg	0%
Magnesium (from Magnesium Oxide)	50 mg	12%	0 mg	0%
Zinc (from Zinc Glycinate Chelate) (TRAACS®)	2.5 mg	22%	0 mg	0%
Zinc (as Zinc Citrate Dihydrate)	0 mg	0%	10 mg	90%
Selenium (from L-selenomethionine)	27.5 mcg	50%	0 mcg	0%
Copper (from Copper Bisglycinate Chelate)	0 mcg	0%	2.6 mcg	0%
Copper (from Copper Glycinate Chelate) (TRAACS®)	375 mcg	41%	0 mcg	0%
Manganese (as Manganese Bisglycinate Chelate)	0 mg	0%	1.7 mg	73%
Manganese (from Manganese Glycinate Chelate) (TRAACS®)	1 mg	43%	0 mg	0%
Chromium (from Chromium Nicotinate Glycinate Chelate) (TRAACS®)	15 mcg	50%	0 mcg	0%
Molybdenum (from Molybdenum Glycinate Chelate) (TRAACS®)	25 mcg	55%	0 mcg	0%
Potassium (from Potassium Bicarbonate)	28.29 mg	0%	0 mg	0%
Boron (as Bororganic Glycine)	0 mg	*	10 mg	*
Citrus Extract (Citrus aurantium) 50% Citrus Bioflavonoids/50% Hesperidin)	100 mg	*	0 mg	*
Docosahexaenoic Acid (DHA-from Alaska Pollock)	0 mg	*	240 mg	*
Eicosapentaenoic Acid (EPA-from Alaska Pollock)	0 mg	*	320 mg	*
Grape Seed Extract (Vitis vinifera) (95% polyphenols)	0 mg	*	150 mg	*
Inositol (from Inositol HexaNicotinate)	10 mg	*	0 mg	*
PABA (para-Aminobenzoic Acid)	10 mg	*	0 mg	*
Quercetin (Dimorphandra mollis) (Flower)	0.75 mg	*	0 mg	*
Rutin (Sophora japonica)	25 mg	*	0 mg	*
Sensoril® Ashwagandha Extract (Withania somnifera)(Root & Leaf) [Standardized to 10% Withanolide Glycosides and 32% Oligosaccharides)	46.5 mg	*	0 mg	*
Silicon	17.21 mg	*	0 mg	*
Vanadium (from Vanadium Nicotinate Glycinate Chelate) (TRAACS®)	125 mcg	*	0 mcg	*

*Daily Value (DV) not established.

Other Ingredients: Gelatin (Bovine), Microcrystalline Cellulose, Gelatin Capsule, Safflower Oil, Glycerin, Stearic Acid, Gelatin (Shell Ingredient), Hydroxypropyl Methylcellulose, Silicon Dioxide Micronized, Glycerin (Shell Ingredient), DI Water, Maltodextrin (carrier in Acerola, Calcium Carbonate and Citrus Extract), Magnesium Stearate, Purified Water (Shell Ingredient), Orange Blend (Turmeric Ext.) (Shell Ingredient), Dicalcium Phosphate, Silica