

IRON

Iron is an essential component of hundreds of proteins and enzymes in human blood cells and deficiency has been linked to fatigue, rapid heart rate, palpitations and rapid breathing on exertion.



MORNING PACK

- Provides nutritional support for people suffering from anemia
- Helps increase the body's ability to handle oxidative stress and fatigue

Iron, one of the most abundant metals on Earth, is an essential component of hundreds of proteins and enzymes in human blood cells. Almost two-thirds of the iron in the body is found in hemoglobin, the protein in red blood cells that carries oxygen to tissues. An iron deficiency limits oxygen delivery to cells, which may cause fatigue, rapid heart rate, palpitations and rapid breathing on exertion.*

Supplement Facts		
Serving Size: 1 Capsule		
Amount Per Serving	% Daily Value	
Iron (from Ferrous Bisglycinate Chelate) (Ferrochel®)	28 mg	156%
* Daily Value not established		

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

