



# JOINT SUPPORT

Supplement	Quantity	Time
Joint Health	1	Morning
Omega-3 Complex	1	Evening
Calcium+	1	Evening

## WHAT DOES THE JOINT SUPPORT PACK DO?

Healthy joints enable us to remain active. The Joint Support pack follows up with a top tier bone health formulation, supplying calcium from multiple sources and ensuring it is highly absorbable by including Magnesium, Vitamin D, and other trace minerals.\*

## WHAT IS OFFERED IN THE JOINT SUPPORT PACK?

Each box comes with a 30-day supply of convenient daily strip packs divided into morning and evening. The AM packs include 30 single packs of 1 Joint Health. The PM packs include 30 single packs with 1 Omega-3 Complex and 1 Calcium+.

**\*Consult your physician and follow all safety instructions before using any supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.**

# Supplement Facts

Serving Size: 1 Packet  
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	0 mcg RAE	0%	2300 mcg RAE	255%
Vitamin D3 (from Cholecalciferol)	0 mcg	0%	10 mcg	66%
Vitamin E (as d-alpha tocopherol)	0 mg	0%	6.7 mg	44%
Calcium (from Calcium Carbonate, Calcium Orotate & Calcium Aspartate)	0 mg	0%	228.95 mg	22%
Zinc (as Zinc Citrate Dihydrate)	0 mg	0%	3.1 mg	28%
Copper (from Copper Bisglycinate Chelate)	0 mcg	0%	0.73 mcg	0%
Manganese (as Manganese Bisglycinate Chelate)	0 mg	0%	0.31 mg	13%
Chondroitin Sulfate	200 mg	2500%	0 mg	0%
Black Pepper Fruit Extract (Bioperine®)	5 mg	*	0 mg	*
Boron (as Bororganic Glycine)(TRAACS®)	0 mg	*	1 mg	*
Boswellia Serrata Extract (Standardized to 65% Boswellic Acid) (Gum Resin)	25 mg	*	0 mg	*
Bromelain	50 mg	*	0 mg	*
D-Glucosamine Sulfate (from D-Glucosamine Sulfate 2KCl)(PureFlex®)	200 mg	*	0 mg	*
Docosahexaenoic Acid (DHA-from Alaska Pollock)	0 mg	*	240 mg	*
Eicosapentaenoic Acid (EPA-from Alaska Pollock)	0 mg	*	320 mg	*
Hyaluronic Acid (as Sodium Hyaluronate)	25 mg	*	0 mg	*
MSM (Methyl Sulfonyl Methane)	200 mg	*	0 mg	*
Turmeric Root Powder (Curcuma longa)	20 mg	*	0 mg	*
Vitamin K (as Phytonadione and Menaquinone MK-7)	0	*	52.4 mcg	*

\*Daily Value (DV) not established.

Other Ingredients: Gelatin (Bovine), Glycerin, Stearic Acid, DI Water, Magnesium Stearate, Silicon Dioxide Micronized