

LEAN

IDLife Lean can help boost metabolism, increase thermogenesis, reduce sugar cravings and promote the preservation of lean muscle mass.



MORNING PACK



EVENING PACK

- Helps preserve lean muscle mass
- Helps decrease appetite, increase metabolism, and decrease the breakdown of muscle protein
- Helps control sugar cravings

IDLife Lean can help boost metabolism, increase thermogenesis, reduce sugar cravings and promote the preservation of lean muscle mass. Whether your interest is weight management or building lean muscle, add IDLife Lean as a part of your daily regime.*

Supplement Facts

Serving Size: 4 Capsules

Amount Per Serving		% Daily Value
Magnesium (from Magnesium Citrate)	40 mg	10%
Potassium (from Potassium Citrate)	40 mg	1%
L-Glutamine (AjiPure®)	1,25 g	*
L-Leucine (AjiPure®)	500 mg	*
L-Isoleucine (AjiPure®)	250 mg	*
L-Valine (AjiPure®)	250 mg	*
L-Arginine Base (AjiPure®)	150 mg	*
L-Tyrosine Base	100 mg	*
Betaine	50 mg	*
Black Pepper Extract (<i>Piper nigrum</i>) (95% Piperine) (BioPerine®)	5 mg	*
* Daily Value not established		

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

