

MENOPAUSE SUPPORT

Menopause Support is a unique combination of ingredients specifically formulated to support some of the most common premenopausal/perimenopausal challenges women face.



EVENING PACK

- Provides nutritional ingredients known to help the body re-balance estrogen and progesterone
- Helps to improve sleep patterns and increase overall energy levels
- Helps fight anxiety, fatigue and stress

Menopause Support is a unique proprietary combination of ingredients specifically formulated relying on clinical studies to support some of the most common premenopause/perimenopause challenges women face. The ingredients include Grape Seed Extract which is rich in polyphenol antioxidants and found to help ease the symptoms of hot flashes, night sweats, anxiety and insomnia. L-Theanine and Rhodiola rosea help lower elevated stress hormones thereby reducing anxiety, fatigue, increasing libido, improving memory, concentration and sleep. Chaste berry extract helps regulate the balance of estrogen and progesterone and increase the production of dopamine to help provide

relief from hot flashes, dizziness and irritability. DIM (Di-indolymethane) and Milk Thistle (Silymarin) improve vascular function and may both help avoid menopausal weight gain. The phytonutrient DIM and Broccoli Extract shift the way that estrogen is metabolized in our bodies which means increased fat burning and decreased fat storage.*

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving		% Daily Value
Broccoli (BroccoPhane®) (0.4% Silyoaphane) (<i>Brassica oleracea</i>) (Sprout)	25 mg	*
Chaste Tree Berry Extract (0.5% Agnuside and 0.5% Aucbin) (<i>Vitex agnuscastus</i>)	40 mg	*
Di-Indolyl-Methane (DIM)	50 mg	*
Rhodiola rosea (3% Rosavins and 1% Salidroside)(Root)	100 mg	*
Milk Thistle Extract (80% Silymarin)(<i>Silybum marianum</i>)(Seed)	100 mg	*
Grape Seed Extract (95%Proanthocyanidins) (<i>Vitis vinifera</i>)	100 mg	*
L-Theanine	100 mg	*

* Daily Value not established

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

