VITAMIN C

Vitamin C, also known as ascorbic acid, is a water-soluble vitamin and a highly effective antioxidant required for the growth and repair of tissues in all parts of the body.





- Helps neutralize oxidative stress that can damage the immune system
- Essential nutrient in the development of collagen
- A powerful antioxidant known to offset the harmful production of the hormones cortisol

Vitamin C, also known as ascorbic acid, is a water-soluble vitamin and a highly effective antioxidant. Vitamin C is required for the growth and repair of tissues in all parts of the body. In addition to the formation of collagen, vitamin C is a key protector of the body from the ravages of potentially harmful free radicals, as well as an effective aid in maintaining a healthy immune system.*

Supplemen	t Fa	acts
Serving Size: 1 Capsule		
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Amount Per Serving		% Daily Value
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Vitamin C (Ascorbic Acid and from Acerola Fruit Extract)	500 mg	556%
Calcium (from Calcium Carbonate)	18.50 mg	1%
Magnesium (from Magnesium Carbonate)	10 mg	2%
Potassium (from Potassium BiCarbonate)	28.29 mg	1%
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Citrus Extract (Citrus aurantium)(fruit) (50% Citrus Bioflavonids, 50% Hesperidin)	100 mg	
* Daily Value not established		

