



THYROID SUPPORT

Supplement	Quantity	Time
Vitamin D3+	1	Evening
Advanced Antioxidant	1	Evening
B-Complete	1	Morning
Stress Defense	1	Evening
Zinc	1	Morning

WHAT DOES THE THYROID SUPPORT PACK DO?

Your thyroid requires a substantial array of nutrients to function efficiently. The Thyroid Support Pack is designed to consider your thyroid's nutritional needs, as well as your body's responses to the unexpected. We reinforced the vitamin/mineral profile with tocotrienols and antioxidant supplements to ensure antioxidant reserves are plentiful throughout your day.*

WHAT IS OFFERED IN THE THYROID SUPPORT PACK?

Each box provides a 30-day supply of convenient daily packs, divided into morning and evening portions. The box comprises 30 separate AM packs, each containing 1 B-Complete and 1 Zinc. Additionally, the box includes 30 individual PM packs, each containing 1 Advanced Antioxidant, 1 Stress Defense and 1 Vitamin D3+.

*Consult your physician and follow all safety instructions before using any supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 1 Packet
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	0 mcg RAE	0%	600 mcg RAE	66%
Vitamin C (from Calcium Ascorbate)	0 mg	0%	32.5 mg	36%
Vitamin C (Ascorbic Acid)	200 mg	222%	0 mg	0%
Vitamin D3 (from Cholecalciferol)	10 mcg	66%	25 mcg	166%
Vitamin E (as d-alpha tocopherol)	0 mg	0%	8 mg	53%
Vitamin K2 MK-7	0 mcg	0%	25 mcg	27%
Vitamin B1 (from Thiamine HCl)	42 mg	2800%	0 mg	0%
Vitamin B2 (Riboflavin)	14 mg	1076%	0 mg	0%
Vitamin B3 (as Niacinamide and Inositol Hexanicotinate)	122 mg NE	762%	0 mg NE	0%
Vitamin B6 (Pyridoxine hydrochloride)	15 mg	1153%	0 mg	0%
Folate (from Calcium L-5 Methyltetrahydrofolate)	100 mcg DFE	25%	0 mcg DFE	0%
Vitamin B12 (as Methylcobalamin)	100 mcg	4166%	0 mcg	0%
Biotin (as D-Biotin)	30 mcg	100%	0 mcg	0%
Vitamin B5 (Pantothenic Acid from d-Calcium Pantothenate)	45 mg	450%	0 mg	0%
Choline (from Choline Dihydrogen Citrate)	100 mg	18%	0 mg	0%
Zinc (as Zinc Citrate Dihydrate)	30 mg	272%	0 mg	0%
Alpha Lipoic Acid	0 mg	*	50 mg	*
Andrographis Extract (stem) (50% andrographolides)	75 mg	*	0 mg	*
Astragalus Root Extract (Standardized to 0.5% Calycosin 7-O-Beta-D-Glucopyranoside) (Astragalus membranaceus)	25 mg	*	0 mg	*
CoQ10 (ubiquinol)	0 mg	*	50 mg	*
DL-Phenylalanine	0 mg	*	75 mg	*
Echinacea Purpurea Extract (Standardized to 2% Chichoric Acid) (Aerial Parts)	100 mg	*	0 mg	*
Elderberry Extract	200 mg	*	0 mg	*
Inositol (from Inositol HexaNicotinate)	25 mg	*	0 mg	*
L-Carnitine L-Tartrate	0 mg	*	29 mg	*
L-Theanine	0 mg	*	100 mg	*
N-Acetyl-L-Cysteine	0 mg	*	120 mg	*
Olive Leaf Extract (Standardized to 20% Oleuropein) (Olea europaea)	25 mg	*	0 mg	*
PABA (para-Aminobenzoic Acid)	30 mg	*	0 mg	*
Quercetin (Dimorphandra mollis) (Flower)	0 mg	*	1 mg	*
Relora® [Proprietary Blend of Magnolia officinalis Extract (Bark) and Phellodendron amurense Extract (Bark)]	0 mg	*	150 mg	*
Sensoril® Ashwagandha Extract (Withania somnifera)(Root & Leaf) [Standardized to 10% Withanolide Glycosides and 32% Oligosaccharides]	0 mg	*	50 mg	*

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, RiBran 300, Safflower Oil, Stearic Acid, Gelatin (Shell Ingredient), Silicon Dioxide Micronized, Magnesium Stearate, Glycerin (Shell Ingredient), Purified Water (Shell Ingredient), Orange Blend (Turmeric Ext.) (Shell Ingredient)