



HEART HEALTH SUPPORT

Supplement	Quantity	Time
Omega-3 Complex	1	Evening
Advanced Antioxidant	1	Morning
CoQ10	1	Morning
Heart Health	1	Evening

WHAT DOES THE HEART HEALTH SUPPORT PACK DO?

IDLife believes that heart health includes blood flow, blood pressure and the health of your arteries and blood vessels. The IDLife Heart Health Support Pack includes nutrients like CoQ10 and Vitamin K2 to help support improved blood flow and arterial wall health and function.*

WHAT IS OFFERED IN THE HEART HEALTH SUPPORT PACK?

Each box provides a 30-day supply of convenient daily packs, divided into morning and evening portions. The box comprises 30 separate AM packs, each containing 1 Advanced Antioxidant. Additionally, the box includes 30 individual PM strip packs, each containing 1 Omega-3 Complex, 1 CoQ10, and 1 Omega-3 Complex.

*Consult your physician and follow all safety instructions before using any supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 1 Packet
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin E (as d-alpha tocopherol)	0.00 mg	0%	10.00 mg	66%
Vitamin A (as Beta Carotene)	600.00 mcg RAE	67%	0.00 mcg RAE	0%
Vitamin C (from Calcium Ascorbate)	32.50 mg	36%	0.00 mg	0%
Vitamin E (as d-alpha tocopherol)	8.00 mg	53%	0.00 mg	0%
Vitamin K2 (as Menaquinone MK-7)	0.00 mcg	0%	100.00 mcg	111%
Alpha Lipoic Acid	50.00 mg	*	0.00 mg	*
CoQ10 (Ubiquenone)	50.00 mg	*	0.00 mg	*
L-Carnitine L-Tartrate	29.00 mg	*	0.00 mg	*
N-Acetyl-L-Cysteine	120.00 mg	*	0.00 mg	*
Quercetin (Sophorae japonica)(flower)	22.825 mg	*	0.00 mg	*
Docosahexaenoic Acid (DHA-from Alaska Pollock)	0.00 mg	*	190.00 mg	*
Eicosapentaenoic Acid (EPA-from Alaska Pollock)	0.00 mg	*	250.00 mg	*
Grape Seed Extract (Vitis vinifera) (95% polyphenols)	0.00 mg	*	150.00 mg	*

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Gelatin (Bovine), Gelatin Capsule, Hydroxypropyl Methylcellulose, Glycerin, Silica, DI Water, Magnesium Stearate, Dicalcium Phosphate, Titanium Dioxide (for color), Rice Concentrate