



MEN'S FORMULA

Supplement	Quantity	Time
Prostate Support	1	Evening
Advanced Antioxidant	1	Evening

WHAT DOES THE MEN'S FORMULA DO?

The IDLife Men's Formula starts with a high-quality amino acid profile to fuel muscles and support intestinal balance, but the main support elements of the pack are geared to provide the nutrients that have been scientifically shown to help men with their prostate and urinary tract health.*

WHAT IS OFFERED IN THE MEN'S FORMULA PACK?

Each box provides a 30-day supply of convenient daily packs with evening portions only. The box comprises 30 separate PM packs, each containing 1 Advanced Antioxidant and 1 Prostate Support.

*Consult your physician and follow all safety instructions before using any supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 1 Packet
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	0.00 mcg RAE	0%	600.00 mcg RAE	67%
Vitamin C (from Calcium Ascorbate)	0.00 mg	0%	32.50 mg	36%
Vitamin E (as d-alpha tocopherol)	0.00 mg	0%	5.00 mg	53%
Zinc (as Zinc Glycinate Chelate)	0.00 mcg	0%	5.00 mcg	45%
Selenium (from L-selenomethionine)	0.00 mcg	*	85.00 mcg	154%
Copper Glycinate Chelate	0.00 mcg	*	500.00 mcg	55%
Alpha Lipoic Acid	0.00 mg	*	50.00 mg	*
CoQ10 (Ubiquenone)	0.00 mg	*	50.00 mg	*
IDLife Proprietary Blend: Green Tea Extract (Camelia sinensis) (leaf), Quercetin (Dimorphandra mollis)(bud), Tumeric Extract (Curcuma longa)(Root), Glucoraphanin (from Brassica oleracea) (seeds)	0.00 mg	*	22.83 mg	*
L-Alanine	0.00 mg	*	200.00 mg	*
L-Carnitine L-Tartrate	0.00 mg	*	29.00 mg	*
L-Glutamic Acid	0.00 mcg	*	200.00 mg	*
L-Glycine	0.00 mg	*	200.00 mg	*
Milk Thistle Extract (80% Silymarin)(Silybum marianum)(seed)	0.00 mg	*	100.00 mg	*
N-Acetyl-L-Cysteine	0.00 mg	*	120.00 mg	*
Quercetin (Sophorae japonica) (flower)	0.00 mg	*	22.825 mg	*
Pygeum Bark Extract (3% Phytosterols)	0.00 mg	*	12.00 mg	*
Saw Palmetto extract (Serenoa repens)(Fruit)	0.00 mg	*	60.00 mg	*
Tocotrienols	0.00 mg	*	20.00 mg	*

*Daily Value (DV) not established.

Other Ingredients: Gelatin Capsule, Microcrystalline Cellulose, Magnesium Stearate, Silica, Maltodextrin, Dextrin, Dicalcium Phosphate, Stearic Acid, Hydroxypropyl Cellulose, Starch, Alginate, Titanium Dioxide (for color)