

YOUR GOALS DON'T NEED A NEW YEAR THEY JUST NEED A FRESH START

Choose a deal that supports your goals!



Save \$20

\$169.99
Retail **SALE** Price
~~\$189.99 RETAIL~~

Get an additional 15-30% off the Retail price, based on your goals!

YOUR FRESH START BEGINS HERE

Reset your body from the inside out with a simple, 30-day detox.

- 30-day, science-backed detox system
- Convenient AM and PM supplement packs
- Choice of Cleanse Jelly or Cleanse Powder Sticks
- Supports kidney, liver, gut, and overall detox pathways
- Simple, powerful, and effective way to feel lighter, clearer, and energized

WANT MORE FROM YOUR DETOX?

Add Energy or Slim+ to support your specific goals.

Save \$29

\$234.99
Retail **SALE** Price
~~\$263.07 RETAIL~~

RESET AND POWER YOUR DAYS

Refresh your body and fuel your days with clean, sustained energy.

- Full-body detox to support your system
- Clean, sustained energy to power focus and productivity
- Helps you tackle busy routines without the crash
- Keeps you balanced, alert, and ready for the day

Save \$30

\$249.99
Retail **SALE** Price
~~\$279.07 RETAIL~~

RESET WITH INTENTION

Support appetite control, metabolism, and consistent wellness habits.

- Helps manage appetite and reduce cravings
- Supports a healthy metabolism
- Keeps you consistent with your wellness goals
- Designed for intentional, mindful health resets

Offers run from December 18-31, 2025 at 11:59PM PST or while supplies last.

Life® THE DETOXBBOX

30-DAY TOTAL BODY RESET

DIETARY SUPPLEMENT

30 DAY SUPPLY



Revitalize from the inside out with our Detox Box program—a scientifically designed 3-phase detox that empowers your body's natural filtration system to work at its best. Feel restored, renewed, and reset as you embark on a 30-day journey with targeted AM and PM supplement packets. Start strong with Cleanse, our potent colon reset, followed by a carefully balanced blend of kidney, liver, and gut detoxifiers, helping to flush, purify, and support every part of your body's cleansing process. Ready to feel the difference? Let's get started on a healthier, more energized you!

THE PROBLEM

Other detoxes & cleanses you may have tried in the past focused solely on the gut or bowel, stripping your body of the good and the bad.

THE SOLUTION

A scientifically proven process designed to clean all systems. 30 days to flush your kidneys and bowel*, detoxify your liver*, and restore your microbiome.* Getting rid of the bad and replenishing the good! Returning your body back to homeostasis and creating an environment for long-term detoxification.

BENEFITS

CLEANSE — Regular, gentle cleansing helps remove built-up waste, supports beneficial bacteria, and maintains healthy digestion.

FLUSH — Your kidneys & bowel make up your body's secondary filtration system. Beginning the detox process here will help create a foundation for maximizing your results.

DETOXIFY — The body's primary all-purpose filtration system is the liver, which filters everything you consume before dumping waste into either the kidneys or bowel. During this phase you will experience a new "normal" to your daily routine as your body begins to work efficiently & how it was designed.

RESTORE — The gut is the "brain" of your immune system. In phase 3 we focus on detoxifying it of what isn't needed & supplying the nutrients it craves to support returning the gut to a state of homeostasis.

Kidney Detox Capsule

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value
Organic Cranberry Fruit Extract (Vaccinium macrocarpon)	200mg *
Beet Root Powder (Beta vulgaris L.)	50mg *
Apple Fiber Powder (Malus domestica) (Fruit)	50mg *

* Daily Value not Established
Other Ingredients: (in descending order of predominance by weight) Rice Bran, Maltodextrin, Hydroxypropyl Methylcellulose, Silica, Vegetable Magnesium Stearate.

Liver Formula Capsule

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value
Flower Pollen Extract 20:1 (Graminex G6308)	200 mg **
N-Acetyl-L-Cysteine	150 mg **
Turmeric Root Extract (Standardized to 95% Curcuminoids) (Curcuma longa L.)	60 mg **
Milk Thistle Extract (Standardized to 80% Silymarin) (Silybum marianum) (Seed)	50 mg **

**Daily Value not Established
Other Ingredients: Organic Gum Arabic, Hydroxypropyl Methylcellulose, Rice Bran, Vegetable Magnesium Stearate, Silica

Microbiome Defense Capsule

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value
Ginger	200 mg *
Thyme	150 mg *
Clove	100 mg *
Oregano	125 mg *
Black Cumin Seed Oil	100 mg *
Limonene	50 mg *

* Daily Value not Established
Other Ingredients: Extra Virgin Olive Oil, Gelatin, Glycerin, Water

Gut Health Capsule

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value
Agave Inulin 90% (Agave tequilana Weber) (stem) [supplies 180 mg inulin]	200 mg *
Bacillus subtilis MB40 (WeilBac 40) (7 Billion CFU)**	70 mg *
Tributyrin Complex [50% Tributyrin (Equivalent to 100 mg of 30% Tributyrin)] (CoreBiome®)	30 mg *

*Daily Value not Established
**At Time of Manufacture
Other Ingredients: Rice Bran, Hydroxypropyl Methylcellulose, Maltodextrin, Gum Acacia, Silica, Vegetable Magnesium Stearate

Cleanse Jelly

Supplement Facts

Serving Size: 1 Stick
Servings Per Container: 5

	Amount Per Serving	% Daily Value
Calories	40	
Total Carbohydrates	9 g	3%
Dietary Fiber	6 g	21%
Total Sugars	2 g	
Include 0 g Added Sugars	0%	
Prune Juice Concentrate	500 mg **	

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Resistant Maltodextrin, Apple Juice Concentrate, Food Gel, Natural Flavor, Citric Acid, Agar, Stevia, Calcium Lactate Pentahydrate

Manufactured in a facility that processes egg, wheat, milk, soy, tree nuts, peanut, fish and shellfish products.

CAUTION: Pregnant or nursing mothers, children under 18 and individuals with known medical conditions should consult their physician before using this or any other dietary supplement.

KEEP OUT OF REACH OF CHILDREN.

Cleanse +

Supplement Facts

Serving Size: 1 Stick (12 g)
Servings Per Container: 5

	Amount Per Serving	% Daily Value
Calories	30	
Carbohydrates	6 g	2%
Dietary Fiber	5 g	18%
Psyllium Husk Powder	5000 mg **	
Senna Leaf Powder	3000 mg **	
Fennel Seed Powder	450 mg **	
Papaya Leaf Powder	450 mg **	
Peppermint Powder	380 mg **	
Buckthorn Bark Powder	190 mg **	
Celery Seed Powder	190 mg **	
Barberry Root Powder	190 mg **	
Rose Hips Fruit Powder	190 mg **	

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Natural Lemon Lime Flavor, Citric Acid, Stevia, Silicon Dioxide

Manufactured in a facility that processes egg, wheat, milk, soy, tree nuts, peanut, fish and shellfish products.

Avoid exposure to excessive heat, light and moisture.

CAUTION: Pregnant or nursing mothers, children under 18 and individuals with known medical conditions should consult their physician before using this or any other dietary supplement.

KEEP OUT OF REACH OF CHILDREN.

WARNING: This product contains Buckthorn and Senna. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because these ingredients may worsen the conditions and be harmful to your health. Do not use this product if you have difficulty swallowing.

Results may vary. The information provided is not intended to diagnose or treat any medical condition or to replace the advice of a healthcare professional. The Food and Drug Administration has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent any disease.

ZERO JITTERS | NO CRASH | PERFECT ENERGY



energy

Unlike traditional energy drinks that often come with crash-inducing ingredients and excessive sugar, IDLife Energy is specially formulated to provide sustained energy without drawbacks. With a perfect blend of high-quality, invigorating ingredients, Energy keeps you alert, focused, and energized throughout the day, without the dreaded crash. Fuel your body with Energy and experience the difference!*

Benefits:

- Promotes cognitive flexibility and proactive task switching.*
- Supports nerve cell communication and muscle functioning.*
- Contains delayed-release caffeine to avoid crashes.*
- No artificial flavors or colors.*

Energize your day with one of our crowd-pleasing natural flavors. Choose from Mixed Berry, Fruit Punch, Orange, and Seasonal Piña Colada.

Directions: Mix the contents of one stick into 12-16 ounces of water or a beverage of your choice. Shake well and enjoy! Do not exceed 3 servings per day.



6 HOURS OF CLEAN ENERGY

Supplement Facts

Serving Size: 1 Stick (9 g)
Servings Per Container: 15

	Amount Per Serving	% Daily Value*
Calories	25	
Total Carbohydrate	6 g	2%
Total Sugars	3 g	**
Includes 3 g Added Sugars		6%
Choline (as Choline Bitartrate)	640 mg	116%
Caffeine (as Encapsulated Caffeine, Anhydrous Caffeine)	150 mg	**
Proprietary Blend Acetyl-L-Carnitine HCl, N-Acetyl L-Tyrosine, L-Theanine, Taurine, Gamma Amino Butyric Acid(GABA), Quercetin, Alpha Lipoic Acid	850 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: Organic Cane Sugar, Natural Flavors, Citric Acid, Stevia, Silicon Dioxide, Beta Carotene (Color)

Manufactured in a facility that processes egg, wheat, milk, soy, tree nut, peanut, fish & shellfish products.

Avoid exposure to excessive heat, light and moisture.

*Supplement Facts may vary by flavor.

Also, available in mixed berry, and fruit punch flavors.

Results may vary. The information is not intended to diagnose or treat any medical condition or to replace the advice of a healthcare professional. The Food and Drug Administration has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent any disease.

CURB SUGAR CRAVINGS & TAKE CONTROL



slim+

Slim+ is a delicious formula designed to help you manage weight, control your hunger and curb those unwanted sugar cravings while providing focus and energy to power through your day.*

Most weight management solutions and diets leave people with lower energy levels, uncontrollable cravings, an inability to focus and generally in a bad mood. Slim+ changes all that. By providing a solution that addresses all of these issues, and ingredients that help support a healthy gut, reduce cravings and control your appetite, #theplusdifference is where want meets need...finally!

Benefits:

- Made with Natural Flavors and Sweeteners
- Contains Prebiotics to Support Gut Health*
- Provides Appetite Control*
- Helps Boost Metabolism*
- Supports Weight Management Goals*

Directions: Empty the contents of one stick into 12-16 ounces of cold water and mix well. For best results consume twice daily.

Available in Clementine Crush, Blueberry Acai and Strawberry Watermelon flavors.



HEALTHY WEIGHT MANAGEMENT

Supplement Facts

Serving Size: 1 Stick (6.1 g)
Servings Per Container: 15

	Amount Per Serving	% Daily Value [†]
Calories	15	
Total Carbohydrate	4 g	1 %
Choline (as Choline Bitartrate)	100 mg	18 %
Chromium (as Chromium Picolinate)	200 mcg	571 %
Caffeine (as Encapsulated Sustained Release and Anhydrous)	80 mg	**
Xylooligosaccharide (PreticX™)	1000 mg	**
Slim+ Proprietary Blend	1625 mg	**
L-Glutamine (AjiPure®), L-Tyrosine, Decaffeinated Green Tea Extract (leaf-Camellia sinensis), Alpha Lipoic Acid, Grape Skin Extract (50% Polyphenols)		

[†]Percent Daily Values are based on a 2,000 calorie diet.
^{**}Daily Value not established.

OTHER INGREDIENTS: Natural Flavors, Citric Acid, Stevia Leaf Extract (Rebaudioside A), Malic Acid, Vegetable Juice (Color), Maltodextrin, Silicon Dioxide

Manufactured in a facility that processes egg, wheat, milk, soy, tree nuts, peanut and fish products.

Avoid exposure to excessive heat, light & moisture.

CAUTION: Pregnant or nursing mothers, children under 18 and individuals with known medical conditions should consult a physician before using this or any other dietary supplement.

KEEP OUT OF REACH OF CHILDREN.

Supplement Facts may vary by flavor.

Results may vary. Exercise and proper diet are necessary to achieve and maintain weight loss and muscle definition. Consult your physician and follow all safety instructions before beginning any exercise program or using any supplement or nutritional product. The information provided is not intended to diagnose or treat any medical condition or to replace the advice of a healthcare professional. The Food and Drug Administration has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent any disease.