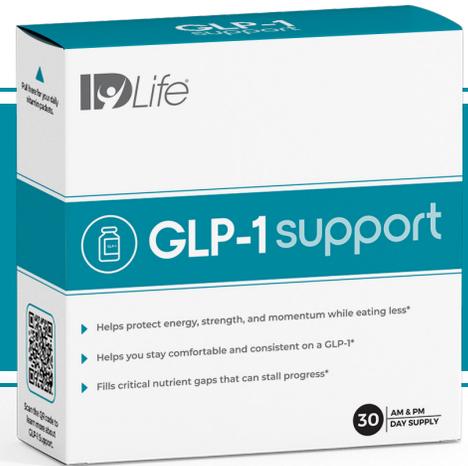




# GLP-1 support



## NAVIGATE YOUR GLP-1 JOURNEY WITH CONFIDENCE

Rapid weight loss can feel exciting — but it can also challenge your body in ways you may not expect. Muscle, metabolism, and energy can shift quickly, and nutrient needs increase as appetite decreases.

Now there's a system designed to help you move through it with support.

### Start with the foundation: muscle

**LOAD** — advanced creatine with MyHMB® and PeakATP® — helps protect lean muscle, maintain strength, and keep metabolism moving as the scale changes.

### Support how your body adapts

**GLP-1 Vitamin Support Pack by IDLife** — six premium supplements (Advanced Daily, Digestive Enzymes, Probiotic+, Omega-3, Vitamin D3+, Magnesium+) — helps fill nutrient gaps, support digestion, and maintain energy, bone, and muscle health.

### Stronger together: the complete system

Use both for the most complete support. Protect muscle, support metabolism, fill nutrient gaps, and keep your body feeling its best as it adapts.

### ASK YOUR IDLIFE ASSOCIATE HOW TO START



### LOAD

#### Supplement Facts

Serving Size: 9 g (2 Scoops)  
Servings Per Container: 30

	Amount Per Serving	% Daily Value <sup>†</sup>
Calories	10	
Carbohydrates	3 g	1%
Calcium (as Calcium β-Hydroxy β-Methylbutyrate Monohydrate)	315 mg	24%
Creatine Monohydrate	5000 mg	**
Calcium β-Hydroxy β-Methylbutyrate Monohydrate(myHMB®)	2500 mg	**
Adenosine 5'-Triphosphate Disodium (Peak ATP®)	425 mg	**

<sup>†</sup>Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**OTHER INGREDIENTS:** Maltodextrin, Silicon Dioxide

### GLP-1 Support

#### Supplement Facts

Serving Size: 1 pack  
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Retinyl Acetate)	300 mcg RAE	33%	0 mcg DFE	0%
Vitamin C (from Calcium Ascorbate)	50 mg	55%	0 mg	0%
Vitamin D3 (from Cholecalciferol)	5 mcg	33%	25 mcg	166%
Vitamin E (as d-alpha tocopherol)	6.70 mg	44%	0 mg	0%
Vitamin K2 MK-7	0 mcg	0%	25 mcg	27%
Thiamine (Vitamin B1) (as Thiamine Mononitrate)	0.65 mg	43%	0 mg	0%
Riboflavin (Vitamin B2)	0.60 mg	46%	0 mg	0%
Niacin (Vitamin B3)(as Niacinamide)	10 mg NE	62%	0 mg NE	0%
Vitamin B6 (from Pyridoxine hydrochloride)	0.75 mg	57%	0 mg	0%
Folate (from (6S)-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®))	50 mcg DFE	12%	0 mcg DFE	0%
Vitamin B12 (as Methylcobalamin)	25 mcg	1041%	0 mcg	0%
Biotin (as D-Biotin)	15 mcg	50%	0 mcg	0%
Vitamin B5 (Pantothenic Acid from d-Calcium Pantothenate)	3 mg	30%	0 mg	0%
Calcium (from Calcium Carbonate, Calcium Citrate Malate, and Calcium Citrate)	56.25 mg	5%	0 mg	0%
Choline Bitartrate	62.50 mg	11%	0 mg	0%
Iodine (from kelp)(stem and leaf)	50 mcg	33%	0 mcg	0%
Magnesium (from Magnesium Lactate, Magnesium Bisglycinate, DIMagnesium Malate, Magnesium Citrate)	76 mg	19%	0 mg	0%
Magnesium (from Magnesium Oxide)	50 mg	12%	0 mg	0%
Zinc (from Zinc Glycinate Chelate) (TRAACS®)	2.50 mg	22%	0 mg	0%
Selenium (from L-selenomethionine)	27.50 mcg	50%	0 mcg	0%
Copper (from Copper Glycinate Chelate) (TRAACS®)	375 mcg	41%	0 mcg	0%
Manganese (from Manganese Glycinate Chelate) (TRAACS®)	1 mg	43%	0 mg	0%
Chromium (from Chromium Nicotinate Glycinate Chelate) (TRAACS®)	15 mcg	50%	0 mcg	0%
Molybdenum (from Molybdenum Glycinate Chelate) (TRAACS®)	25 mcg	55%	0 mcg	0%
Docosahexaenoic Acid (DHA-from Alaska Pollock)	240 mg	*	0 mg	*
Eicosapentaenoic Acid (EPA-from Alaska Pollock)	320 mg	*	0 mg	*
IDLife Proprietary Digestive Enzyme Blend - Acid Stable Protease, Peptidase, Fungal Amylase, Bacterial Amylase, Lactase, Lipase, Papain, Xylanase, Alpha-Galactosidase and Bromelain	300 mg	*	0 mg	*
Inositol (from Inositol HexaNicotinate)	10 mg	*	0 mg	*
PABA (para-Aminobenzoic Acid)	10 mg	*	0 mg	*
Proprietary Probiotic Blend (Lactobacillus plantarum 299V, Bifidobacterium longum, Lactobacillus casei subsp casei, Lactobacillus acidophilus, Bifidobacterium lactis, Bifidobacterium bifidum, Streptococcus thermophilus, Lactobacillus reuteri, Lactobacillus paracasei, Bifidobacterium infantis, Lactobacillus rhamnosus, Lactobacillus fermentum, Lactobacillus salivarius)	0 mg	*	100 mg	*
Quercetin (Dimorphandra mollis) (Flower)	0.75 mg	*	0 mg	*
Silicon	17.21 mg	*	0 mg	*
Vanadium (from Vanadium Nicotinate Glycinate Chelate) (TRAACS®)	125 mcg	*	0 mcg	*

\*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Gelatin (Bovine), Low Moisture Rice Dextrin, Safflower Oil, Glycerin, Vegetable Capsule, Gelatin (Shell Ingredient), Stearic Acid, Capsule Shell (Hydroxypropyl Methylcellulose), Silicon Dioxide Micronized, Glycerin (Shell Ingredient), DI Water, Magnesium Stearate, Purified Water (Shell Ingredient), Orange Blend (Turmeric Ext.) (Shell Ingredient), Medium-Chain Triglycerides Oil  
Please store in a cool, dry place away from direct sunlight.

Results may vary. The information provided is not intended to diagnose or treat any medical condition or to replace the advice of a healthcare professional. The Food and Drug Administration has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent any disease.