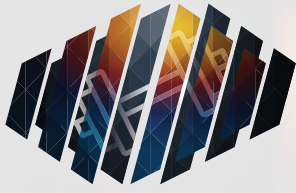


IDLife presents



IDFITNESS

UNLEASH YOUR POTENTIAL

Elevate Your Fitness Experience!

IDFitness is your one-stop solution for transforming your fitness journey. Our groundbreaking products—LOAD, WORK, and RECOVER—have been meticulously crafted to take your performance, endurance, and recovery to the next level. Unleash your full potential with IDFitness!

Ready to Unleash Your Full Potential? Elevate Your Fitness Experience with the IDFitness Line of Products - Combining LOAD, WORK & RECOVER

UNLEASH YOUR PEAK PERFORMANCE POTENTIAL WITH LOAD

Experience a dramatic surge in strength, endurance, and power.

- Watch as your workouts reach new heights
- Turbocharge muscle growth while minimizing loss
- Ignite workout intensity to unprecedented levels
- Say goodbye to post-workout soreness

DIRECTIONS FOR LOAD

Mix two (2) scoops of LOAD into at least 12 ounces of water. For best results, consume at least 1 hour prior to a workout.

Dosage: 1 Scoop - Under 150 pounds • 2 Scoops - 150-250 pounds • 3 Scoops - Over 250 pounds

READY TO CRUSH YOUR WORKOUTS WITH WORK?

- Amplify your effort
- Enhance mental clarity, focus, and concentration
- Elevate your stamina and workout capacity
- Support muscle growth, repair, and recovery

ORDER YOUR IDFITNESS PRODUCTS TODAY AND REDEFINE WHAT'S POSSIBLE IN YOUR HEALTH AND FITNESS JOURNEY.



DIRECTIONS FOR WORK

Mix one (1) stick of WORK into at least 12 ounces of water. Consume at least 20 minutes before your workout.

ELEVATE YOUR RECOVERY GAME WITH RECOVER

- Speedy relief from DOMS (Delayed Onset Muscle Soreness)
- Minimize recovery delays
- Experience holistic tranquility for both body and mind

DIRECTIONS FOR RECOVER

Mix one (1) stick of RECOVER into at least 12 ounces of water. Consume no later than an hour after a workout.

Pro Tip: Use LOAD, WORK & RECOVER in conjunction to accelerate your performance with each product.

WARNING: Consult your physician before beginning any workout regimen or using this product if you are taking any prescription or over-the-counter medications. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not exceed the recommended serving size or suggested use. **KEEP OUT OF REACH OF CHILDREN.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.