



ID FITNESS



AMINO L40

Amino acids are critical to our overall health and well-being as they perform a wide variety of functions within our bodies.



Our Amino L40 product is a proprietary blend of 9 essential amino acids, including 40% L-Leucine, that are vital for muscle synthesis. This product is used as an ingredient by

food companies to improve the nutritional quality of their products, and it is also sold as a supplement under the Ajinomoto brand.

Providing your body with correct nutrition during exercise is key to maximizing progress towards your goals. Amino Acids, commonly referred to as the Building Blocks of Protein, play important roles in your body, such as by building muscle and maintaining muscle.