



ID FITNESS

CarnoSyn®

Carnosine Synthesizer



TOP PERFORMERS CHOOSE CARNOSYN®

From NFL players to Olympians to the top sports nutrition brands, CarnoSyn® beta-alanine is the only choice for those who want better results and a competitive edge.

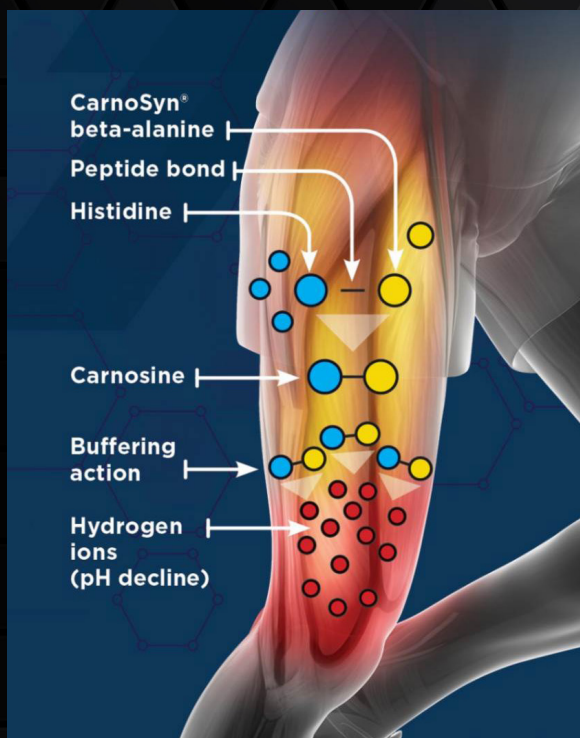
CarnoSyn® beta-alanine At a glance

The only beta-alanine with NDI and self-affirmed GRAS status

Scientifically proven and supported by more than 55 independent clinical studies

Patented, pure and banned substance free

Certified by national and international agencies to be safe and effective



How does CarnoSyn® Beta-Alanine work?

Beta-alanine is a naturally occurring amino acid that supports the synthesis of muscle carnosine in the body, which buffers the pH decline that causes the onset of muscle fatigue and failure. Elevated levels of muscle carnosine can extend endurance, speed recovery, build muscle strength, sharpen mental focus and enhance peak performance. Over 55 clinical studies support the athletic performance benefits of CarnoSyn® beta-alanine. CarnoSyn® was proven to increase muscle carnosine and increase performance when athletes dose with at least 3.2-6.4 grams of CarnoSyn® per day over a 28-day period.

Learn More about CarnoSyn:
<https://www.carnosyn.com/carnosyn-science/>