



ID FITNESS

presents

PEAK^{ATP}[®]

REAL ENERGY



In contrast to stimulants, PEAK ATP[®] provides real energy. It is the body's preferred energy source that drives all biological reactions that allow cells to function and life to exist.



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PEAK ATP[®]

Real Energy. Real ATP.

PEAK ATP[®] is a patented form of Adenosine 5'-Triphosphate (ATP) Disodium.

How PEAK ATP[®] Works

When 400 mg of PEAK ATP[®] is consumed 30-60 minutes prior to exercise, both the acute effect and chronic accumulation of multiple enhanced training responses have been shown to increase muscle mass, strength and power, in addition to improving body composition and reducing the impact of fatigue during high intensity exercise.

WHY YOU NEED PEAK ATP[®] ?

PeakATP is not a precursor to ATP, it is real ATP which is what working muscles need.

All living cells use ATP for energy. It is our body's universal energy currency, driving all biological reactions that allow cells to function and life to exist.

But ATP is not only used to power cellular processes. It is an important signaling molecule, particularly in neurotransmission, muscle contraction and cardiac function.

ATP is also fundamental to exercise. The demand for ATP is increased significantly during exercise and as a result, ATP availability can limit high intensity performance. It enables athletes to do more – to increase the training load (reps, sets, work rate) while enhancing the adaptive response to training.

