



# GUT HEALTH SUPPORT

Supplement	Quantity	Time
Spirulina/Chlorella Blend	1	Morning
Digestive Enzymes	1	Morning
Probiotic+	1	Evening

## WHAT DOES THE GUT SUPPORT PACK DO?

Efficient digestion and nutrient absorption are key to maintaining a balanced microbiota and enhancing overall well-being. The Gut Support Pack focuses on three essential components of proper digestion: breaking down food into absorbable nutrients, supporting beneficial microflora to regulate nutrient absorption, and providing a superfood blend rich in essential nutrients.\*

## WHAT IS OFFERED IN THE GUT SUPPORT PACK?

Each box comes with a 30-day supply of convenient daily strip packs divided into morning & evening portions. The box comprises 30 separate AM packs, each containing 1 Digestive Enzymes and 1 Spirulina/Chlorella Blend Inside. The box also comprises 30 separate PM packs, each containing 1 Probiotic+.

**\*Consult your physician and follow all safety instructions before using any supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.**

# Supplement Facts

Serving Size: 1 Packet  
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Chlorella ( <i>Chlorella vulgaris</i> ) (whole)	200 mg	*	0 mg	*
IDLife Proprietary Digestive Enzyme Blend Acid Stable Protease, Peptidase, Fungal Amylase, Bacterial Amylase, Lactase, Lipase, Papain, Xylanase, Alpha-Galactosidase, Bromelain	300 mg	*	0 mg	*
Proprietary Probiotic Blend ( <i>Lactobacillus plantarum</i> 299V, <i>Bifidobacterium longum</i> , <i>Lactobacillus casei</i> subsp <i>casei</i> , <i>Lactobacillus acidophilus</i> , <i>Bifidobacterium lactis</i> , <i>Bifidobacterium bifidum</i> , <i>Streptococcus thermophilus</i> , <i>Lactobacillus reuteri</i> , <i>Lactobacillus paracasei</i> , <i>Bifidobacterium infantis</i> , <i>Lactobacillus rhamnosus</i> , <i>Lactobacillus fermentum</i> , <i>Lactobacillus salivarius</i> )	0 mg	*	100 mg	*
Spirulina ( <i>Arthrospira platensis</i> ) (whole plant)	300 mg	*	0 mg	*

\*Daily Value (DV) not established.

**Other Ingredients:** Low Moisture Rice Dextrin, Gelatin Capsule, Vegetable Capsule, Microcrystalline Cellulose, Capsule Shell (Hydroxypropyl Methylcellulose), Stearic Acid, Magnesium Stearate, Silicon Dioxide Micronized, Medium-Chain Triglycerides Oil, Silica