



# IMMUNE SUPPORT

Supplement	Quantity	Time
Immune Defense	1	Morning
Vitamin C	1	Morning
Vitamin D3+	1	Evening
Advanced Antioxidant	1	Evening

## WHAT DOES THE IMMUNE SUPPORT PACK DO?

Our immune systems comprise of innate and adaptive components. The innate takes care of things like healing wounds, and the adaptive portion responds to pathogen growth by preventing or eliminating it. Vitamin D3, also known as “the sunshine vitamin,” enables the body to retain calcium and phosphorus, is essential to bone formation, aids in the absorption of Vitamin A, and helps boost the immune system. Vitamin C accentuates the complex antioxidant range of vitamins contained in this pack. With the Immune Support Pack, helping your body do its job just got easier.\*

## WHAT IS OFFERED IN THE IMMUNE SUPPORT PACK?

Each box provides a 30-day supply of convenient daily packs, divided into morning and evening portions. The box comprises 30 separate AM packs, each containing 1 Immune Defense and 1 Vitamin C. Additionally, the box includes 30 individual PM packs, each containing 1 Advanced Antioxidant and 1 Vitamin D3+.

\*Consult your physician and follow all safety instructions before using any supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.

# Supplement Facts

Serving Size: 1 Packet

Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	0 mcg RAE	0%	600 mcg RAE	66%
Vitamin C (from Calcium Ascorbate)	0 mg	0%	32.5 mg	36%
Vitamin C (Ascorbic Acid)	200 mg	222%	0 mg	0%
Vitamin C (from Ascorbic Acid and Acerola Extract)	500 mg	555%	0 mg	0%
Vitamin D3 (from Cholecalciferol)	10 mcg	66%	25 mcg	166%
Vitamin E (as d-alpha tocopherol)	0 mg	0%	8 mg	53%
Vitamin K2 MK-7	0 mcg	0%	25 mcg	27%
Calcium (from Calcium Carbonate)	18.5 mg	1%	0 mg	0%
Magnesium (from Magnesium Carbonate)	10 mg	2%	0 mg	0%
Zinc (as Zinc Citrate Dihydrate)	30 mg	272%	0 mg	0%
Potassium (from Potassium Bicarbonate)	28.29 mg	0%	0 mg	0%
Alpha Lipoic Acid	0 mg	*	50 mg	*
Andrographis Extract (stem) (50% andrographolides)	75 mg	*	0 mg	*
Astragalus Root Extract (Standardized to 0.5% Calycosin 7-O-Beta-D-Glucopyranoside) (Astragalus membranaceus)	25 mg	*	0 mg	*
Citrus Extract (Citrus aurantium) 50% Citrus Bioflavonoids/50% Hesperidin	100 mg	*	0 mg	*
CoQ10 (ubiquinol)	0 mg	*	50 mg	*
Echinacea Purpurea Extract (Standardized to 2% Chichoric Acid) (Aerial Parts)	100 mg	*	0 mg	*
Elderberry Extract	200 mg	*	0 mg	*
L-Carnitine Tartrate	0 mg	*	29 mg	*
N-Acetyl-L-Cysteine	0 mg	*	120 mg	*
Olive Leaf Extract (Standardized to 20% Oleuropein) (Olea europaea)	20 mg	*	0 mg	*
Quercetin (Dimorphandra mollis) (Flower)	0 mg	*	1 mg	*
Rutin (Sophora japonica)	25 mg	*	0 mg	*

\*Daily Value (DV) not established.

Other Ingredients: RiBran 300, Gelatin Capsule, Microcrystalline Cellulose, Safflower Oil, Gelatin (Shell Ingredient), Stearic Acid, Glycerin (Shell Ingredient), Magnesium Stearate, Maltodextrin (carrier in Acerola, Calcium Carbonate and Citrus Extract), Silicon Dioxide Micronized, Purified Water (Shell Ingredient), Orange Blend (Turmeric Ext.) (Shell Ingredient), Silica