



MEN'S FORMULA

Supplement	Quantity	Time
Advanced Antioxidant	1	Evening
Prostate+	1	Evening

WHAT DOES THE MEN'S FORMULA DO?

The IDLife Men's Formula starts with a high-quality amino acid profile to fuel muscles and support intestinal balance, but the main support elements of the pack are geared to provide the nutrients that have been scientifically shown to help men with their prostate and urinary tract health.*

WHAT IS OFFERED IN THE MEN'S FORMULA PACK?

Each box provides a 30-day supply of convenient daily packs with evening portions only. The box comprises 30 separate PM packs, each containing 1 Advanced Antioxidant and 1 Prostate+.

*Consult your physician and follow all safety instructions before using any supplement or nutritional product. These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 1 Packet
Servings per container: 30

	Morning Pack		Evening Pack	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	0 mcg RAE	0%	600 mcg RAE	66%
Vitamin C (from Calcium Ascorbate)	0 mg	0%	32.50 mg	36%
Vitamin E (as d-alpha tocopherol)	0 mg	0%	8 mg	53%
Alpha Lipoic Acid	0 mg	*	50 mg	*
CoQ10 (Ubiquinol)	0 mg	*	50 mg	*
Cranberry Extract (Vaccinium macrocarpon aiton) (fruit)	0 mg	*	75 mg	*
Flower Pollen Extract (Secale cereale L.) (pollen) Graminex® G63	0 mg	*	75 mg	*
L-Alanine	0 mg	*	75 mg	*
L-Carnitine L-Tartrate	0 mg	*	29 mg	*
L-Glutamic Acid	0 mg	*	75 mg	*
L-Glycine	0 mg	*	75 mg	*
N-Acetyl-L-Cysteine	0 mg	*	120 mg	*
Nettle Extract 10:1 (Urtica dioica) (leaf)	0 mg	*	40 mg	*
Pine Phytosterols (Pinus elliotii & Pinus taeda) (Phytopin®)	0 mg	*	200 mg	*
Quercetin (Dimorphandra mollis) (Flower)	0 mg	*	1 mg	*
Saw Palmetto extract (Serenoa repens)(Fruit)	0 mg	*	60 mg	*

*Daily Value (DV) not established.

Other Ingredients: RiBran 300, Microcrystalline Cellulose, Stearic Acid, Silicon Dioxide Micronized, Magnesium Stearate