

ELIMINATE WASTE | FEEL LIGHTER



# cleanse+

## 5 DAY PLANT-BASED CLEANSE

Cleanse+ is a delicious fiber and herbal blend product that supports improved intestinal function. Cleanse+ is a blend of unique natural intestinal support ingredients designed to restore your body's regularity. It helps control your appetite, blood sugar levels and improves overall bowel health\*.

### Why Cleanse+?

Unlike traditional cleanses that only offer temporary relief, Cleanse+ provides a holistic solution backed by science. Our formula is carefully crafted to promote healthy elimination, support nutrient absorption, and leave you feeling refreshed and revitalized from the inside out.

### Benefits:

- Supports regular intestinal function\*
- Supports healthy digestive function\*
- Promotes gentle and regular waste elimination\*
- Helps control hunger\*
- No preservatives or added sugars\*

### Use Alone or With the IDLife Detox Box:

This product is included in the 30 day Detox Box total body reset program, but it can also be used alone to support the natural removal of toxins and pollutants from the intestines\*.

**Directions:** Empty the contents of one stick into 10 or more ounces of cold water and mix well. Take for five consecutive days in the AM before eating.

### Supplement Facts

Serving Size: 1 Stick (12 g)  
Servings Per Container: 5

	Amount Per Serving	% Daily Value*
Calories	30	
Carbohydrates	6 g	2%
Dietary Fiber	5 g	18%
Psyllium Husk Powder	5000 mg	**
Senna Leaf Powder	3000 mg	**
Fennel Seed Powder	450 mg	**
Papaya Leaf Powder	450 mg	**
Peppermint Powder	380 mg	**
Buckthorn Bark Powder	190 mg	**
Celery Seed Powder	190 mg	**
Barberry Root Powder	190 mg	**
Rose Hips Fruit Powder	190 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other Ingredients: Natural Lemon Lime Flavor, Citric Acid, Stevia, Silicon Dioxide

Manufactured in a facility that processes egg, wheat, milk, soy, tree nuts, peanut, fish and shellfish products.

Avoid exposure to excessive heat, light and moisture.

CAUTION: Pregnant or nursing mothers, children under 18 and individuals with known medical conditions should consult their physician before using this or any other dietary supplement.

KEEP OUT OF REACH OF CHILDREN.

WARNING: This product contains Buckthorn and Senna. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because these ingredients may worsen the conditions and be harmful to your health. Do not use this product if you have difficulty swallowing.



Results may vary. The information provided is not intended to diagnose or treat any medical condition or to replace the advice of a healthcare professional. The Food and Drug Administration has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent any disease.