



# COLLAGEN+

Made with only the highest quality ingredients available, IDLife Collagen+ is a flavorless formula which provides your body the building blocks needed to support healthy joints, skin, hair, nails, gut, and more!

## DIRECTIONS:

Mix the contents of one heaping scoop into at least 8 ounces of a hot or cold beverage or recipe. For best results, consume one or more times per day.

## BENEFITS:

- The Best Daily Boost to Your Anti-Aging Strategy
- Supports Healthy Hair, Skin, Nails, Joints, and Gut
- 4 Premium & Responsibly Sourced Forms of Collagen Peptides
- 5 Collagen Types: I, II, III, V, and X
- Made With Patented ACTIValoe® and Fulvic Acid to Help Maximize the Absorption of Collagen and Support a Healthy Gut
- Helps Trigger the Body's Production of Hyaluronic Acid Which Helps Lubricate and Hydrate Connective Tissue

## FAQs:

### WHY IS COLLAGEN SO IMPORTANT?

Collagen is the most abundant protein in the body; it is a major component of tendons, ligaments, skin, muscles, and bones. As we age we produce less collagen and begin to notice the effects such as joint pain, fine lines, osteoporosis, brittle nails, and other signs of aging. Studies have linked supplementing with high quality collagen products to triggering the body's natural production of collagen.

### THE FULL BODY BENEFITS

Both men and women can experience the benefits of Collagen+ when incorporated into their daily health regimen as their best anti-aging strategy. While Collagen+ does provide 9 grams of protein per serving, the combination of ACTIValoe® and Fulvic Acid helps maximize its absorption.

### THE 4 SOURCES OF COLLAGEN

- Hydrolyzed Bovine Collagen Peptides (Type I & III)
- Hydrolyzed Fish Collagen Peptides (Type I & III)
- Egg Shell Membrane (Type I, V & X)
- Chicken Collagen (Type II)

### WHAT ARE THE DIFFERENT COLLAGEN TYPES?

- Type I - Forms the scaffolding of bone, skin, tendons, and other connective tissues.
- Type II - Supports joint strength and elasticity.
- Type III - The second most abundant collagen, it is found to provide elasticity to skin and intestinal walls.
- Type V - Essential for the fibrillation of types I and III.
- Type X - A rare form of collagen that contributes to new bone formation.

### WHAT IS THE "PLUS DIFFERENCE"?

The "Plus Difference" comes from the inclusion of patented ACTIValoe® and Fulvic Acid ingredients. ACTIValoe® is the only aloe vera on the market to guarantee the retention of all the healthy benefits of aloe vera. Aloe vera has been used for centuries for its significant health benefits, including its ability to support digestion. Combined with Fulvic Acid, ACTIValoe® helps support a healthy gut and helps maximize your body's ability to absorb the collagen peptides.

## IS COLLAGEN+ RIGHT FOR ME?

If you are searching for a product to fight the signs of aging, this product can help support your goals. Collagen+ is a foundational part of your daily regimen of supplementation and pairs very well with all other IDLife products.

## WHAT KIND OF RESULTS CAN I EXPECT?

Results may vary based on your genetic makeup and desired effects, but you may see a difference in fine lines, wrinkles, hair, nails, joint support, improved digestion, reduced recovery time after strenuous workouts, and more!

## HOW MUCH COLLAGEN SHOULD I TAKE PER DAY?

Each serving is one heaping scoop; for best results, consume one or more times per day.

## IS THIS PRODUCT FOR MEN AND WOMEN?

Collagen+ is a foundational supplement that supports your best anti-aging strategy independently of your gender. A common misconception about collagen products is that they are only marketed for women, because of the focus on skin, nails and hair benefits. IDLife formulated a product that also provides support for healthy joints, strong bones, more mobile ligaments and tendons, improved athletic performance, and overall gut health.

## CAN KIDS TAKE COLLAGEN+?

Children under 18 should consult a physician before using Collagen+ or any dietary supplement.

## IS IT OKAY TO TAKE COLLAGEN+ WHILE PREGNANT OR BREASTFEEDING?

Pregnant or nursing mothers should consult their physician and the Pregnancy Guide located in the back office.

\*These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease. IDLife does not represent that its products are certified organic under the United States Department of Agriculture Rules and Regulations.

### Supplement Facts

Serving Size: 1 Heaping Scoop (10g)  
Servings Per Container: 20

Amount Per Scoop	%DV
Calories	35
Protein	9 g
Sodium	45 mg 2%

**Multi Collagen Gut Repair Blend** 10 mg \*\*  
Hydrolyzed Bovine Collagen Peptides, Hydrolyzed Fish Collagen Peptides, Aloe Vera (leaf) Powder, Organic Fulvic Acid Powder, Chicken Collagen Type II, Egg Shell Membrane.

\*Percent Daily Values are Based on a 2,000 Calorie Diet.  
\*\*Daily Value Not Established.

**CAUTION:** Pregnant or nursing mothers, children under 18 and individuals with known medical conditions should consult a physician before using this or any other dietary supplement.

Manufactured in a facility that processes egg, wheat, milk, soy, tree nuts, peanut, fish & shellfish products.

KEEP OUT OF REACH OF CHILDREN.



## THE SCIENCE OF COLLAGEN: PROBLEM & SOLUTION

Collagen is created naturally in the human body. However, production begins to decline as we age; about 1% per year after the age of 20. This explains skin deterioration, joint pains, hair and nails being more brittle, injuries taking longer to heal, and the “aches and pains” of old age. Collagen supplements have been used for centuries to improve the signs of aging in various forms (powder, capsules, liquids). Collagen+ is a soluble powder that can be mixed with warm or cold liquids or recipes without losing its integrity. Collagen+ represents the best anti-aging strategy anyone can add to their daily supplement routine.

### THE PROBLEM:

- Most collagen products on the market only focus on the benefits to hair, skin, and nails, without focusing on the supplement’s absorbability.
- Many men aren’t familiar with all the benefits of a high-quality collagen supplement, including support for healthy joints, strong bones, more mobile ligaments and tendons, improved athletic performance and overall gut health.
- A lot of the collagen supplements available on the market source their collagen peptides from questionable sources, and most only contain 2-3 types of collagen peptides.

### THE SOLUTION:

- Collagen+ is the premium anti-aging strategy for both men and women looking to improve their overall health.
- The collagen found in Collagen+ is derived from 4 premium and responsibly sourced forms of collagen peptides and contain Types I, II, III, V, and X.
- The “Plus Difference” in Collagen+ comes from the inclusion of the patented ACTIValoe® and Fulvic Acid ingredients that help improve absorption of the collagen peptides, while also helping support a healthy gut and digestive tract.

**“I’m so excited to have a high quality collagen product added to my diet! Seeing and feeling the difference in my body every day has been the most exciting part of my anti-aging strategy.” —Olivia S.**