



# SLIM+

Slim+ is a delicious formula designed to help you manage weight, control your hunger and curb those unwanted sugar cravings while providing focus and energy to power through your day.\*

## DIRECTIONS:

Empty the contents of one stick pack into 12-16 ounces of water and mix well. For best results, consume twice daily.

## AVAILABLE FLAVORS:

- Berry Lemonade
- Cherry Splash
- Fruit Punch
- Strawberry Watermelon

## BENEFITS:

- No Artificial Flavors or Sweeteners
- Contains Prebiotics to Support a Healthy Gut\*
- Provides Appetite Control\*
- Helps Boost Metabolism\*
- Supports Weight Management Goals\*

## FAQs:

### WHAT IS #THEPLUSDIFFERENCE?

Most weight management solutions and diets leave people with lower energy levels, uncontrollable cravings, an inability to focus and generally in a bad mood. Slim+ changes all that. By providing a solution that addresses all of these issues, and ingredients that help support a healthy gut, reduce cravings and control your appetite, #theplusdifference is where want meets need ... finally!

### WHAT ARE XYLOOLIGOSACCHARIDES?

Xylooligosaccharides are powerful prebiotics that help feed the healthy probiotics in your gut that supports and stimulates a healthy gut flora. Advancing scientific research continues to demonstrate that balanced gut microbiota is essential for digestive function, and that an unhealthy balance in the gut is a precursor to digestive issues and immune dysfunction.\*

### WHAT IS THE DIFFERENCE BETWEEN A PREBIOTIC AND A PROBIOTIC?

Probiotics add millions of friendly bacteria to your gut. Prebiotics feed the probiotics already in the gut.

### WHY DOES SLIM+ CONTAIN GREEN TEA AND NOT GREEN COFFEE?

IDLife has a commitment to review and follow the science in all the ingredients it chooses for its products. After reviewing all the available research available on both green tea and green coffee, it was

clear that green tea has been scientifically proven to have all the benefits people are looking for in a weight management product. Green Coffee, however, while promising, still lacks the support of the scientific community to support the claims being made about its effectiveness.

### WHY DOES SLIM+ CONTAIN CAFFEINE?

One of the largest complaints people on diets or trying to maintain their weight have is a lack of energy. Caffeine is a natural substance that, taken in right quantities, has positive health benefits. Slim+ contains both fast acting and time released caffeine which provides the pick-me-up you're looking for, the sustained energy you need, and avoids the dreaded crash so many other products contain.

### WHAT FORM OF CHROMIUM IS IN SLIM+?

Slim+ uses the chromium polynicotinate form of chromium which helps support a healthy blood glucose and metabolism and helps the body convert fat to energy.\*

### DON'T SLIM+ AND LEAN DO THE SAME THING?

No. Lean is a BCAA supplement designed to support a healthy metabolism, increase thermogenesis, reduce sugar cravings and help build lean muscle.\* When taken with Slim+, you have a Sugar-Busting, Muscle-Building, Mood-Enhancing, Focus-Inducing, Energy-Boosting, Weight Management Power Couple!

### CAN I TAKE SLIM+ WITH OTHER IDLIFE PRODUCTS?

All IDLife products are designed to be consumed and taken together.

### WHY DID IDLIFE DEVELOP SLIM+?

Slim+ was designed to address a gap in existing weight management products on the market ... we call it #theplusdifference. By creating something that people WANT, while also giving them what they NEED, IDLife has once again raised the bar on a product category.

### IS IT OKAY TO TAKE HYDRATE WITH SLIM+?

It is not recommended to be taken together because it dulls the mental focus component of Slim+, which is the main reason why people enjoy Slim+ so much.

### IS IT OKAY TO TAKE SLIM+ WHILE PREGNANT OR BREASTFEEDING?

Pregnant or nursing mothers should consult their physician and the Pregnancy Guide located in the back office.

\*These statements have not been evaluated by the Food and Drug Administration. IDLife products are not intended to diagnose, treat, cure or prevent any disease. IDLife does not represent that its products are certified organic under the United States Department of Agriculture Rules and Regulations.

## Supplement Facts

Serving Size 1 Stick Pack (6g)  
Servings Per Container 15

	Amount Per Serving	% Daily Value*
<b>Calories</b>	<b>15</b>	
<b>Total Carbohydrate</b>	<b>2g</b>	<b>1%</b>
Chromium	200 mcg	<b>571%</b>
Caffeine (as VitaSure® Caffeine SR and Caffeine Anhydrous)	80 mg	**
Xylooligosaccharide	1000 mg	**
Slim+ Proprietary Blend	1955 mg	**
L-Glutamine (AjiPure®)		**
L-Tyrosine		**
Green Tea Extract		**
Choline Bitartrate		**
Alpha Lipoic Acid		**
Grape Skin (Vitis Vinifera) Extract		**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

**OTHER INGREDIENTS:** Maltodextrin, Citric Acid, Natural Flavors, Stevia Extract, Malic Acid, Silicon Dioxide.

Supplement Facts for Berry Lemonade